



12th July 2022

Dear Parents and Carers,

I hope you are all well. I write to you about the current weather conditions.

As you will know, we are expecting very high temperatures this week and next and we would like to ensure your child is well protected from the heat whilst at school.

Before School:

- Parents are encouraged to ensure students apply sunscreen (minimum factor 30 recommended) before they come to school, and to bring this with them in order to re-apply it when necessary.
- It is essential that your child brings a bottle of water to school, which can be re-filled during the day.
- Students are encouraged to bring a sun hat which covers their head, neck and ears for their outdoor PE Lessons and for when they are outside. Hats are not to be worn inside though.

During School:

- We will encourage students to make use of the shade during break and lunch
- Pupils will be encouraged to have their water bottles in the classroom and will be encouraged to drink at regular intervals. There are a number of water fountains in school where students can re-fill bottles before school, at break or lunch and after school. Students will not be permitted to leave during a lesson to get water unless there is a medical reason.
- Students do not need to wear their blazer or jumper for the remaining 2 weeks of summer term, but shirts must be tucked in and all other uniform expectations will still apply.

If you would like further advice or information on how to stay cool this summer please follow the link here: <https://www.nhs.uk/live-well/seasonal-health/heatwave-how-to-cope-in-hot-weather/>

Sports day today was a huge success and our students followed the precautionary measures really well by wearing hats, drinking lots of water and sitting in the shade when not competing.

Very best wishes,

Simon Underdown.
Headteacher.