

**Plymouth High School for Girls** 

"For life, not school, we learn"

27th May 2022

Dear Parents, Carers and Students

Firstly, it is with pleasure that I write to update you on the outstanding approach the Year 13 students are showing to the examinations, and their independent study whilst in school. It is clear from the feedback I have received, after discussions with students and their teachers, that the year group are coping well with the demands of the examinations. It is impressive to see the levels of resilience displayed by the students, and I am sure they are recognising the hard work they have put into their revision is having a positive impact during the examinations.

As we near the half term, I hope your child can take some time to reflect on their progress, and ensure they plan their time carefully to allow time to relax and destress as well as preparing for the final push after the holiday.

As adults, it can be difficult to know what we can do to support young people during exams. Place2Be have created three tip sheets, full of practical advice, to help young people, schools and families manage stress during the exam season. I have added the link below for your reference.

Navigating exam season resources - Place2Be

I have written to you before regarding the support we will continue to offer your child after the May half term but this is a reminder and an opportunity to change the OPT IN form if needed.

After the half term, attendance will no longer be monitored by the school in the same way as the examinations are far more frequent and students might feel that revising at home in the morning before an afternoon examination is the best way for them to prepare. Likewise, going home after an examination that has been sat in the morning may also be the best way of supporting your child's wellbeing during the examination period. However, teachers will continue to be on hand in school to work with any students who wish to continue to attend lessons and maximise the support we can offer students right up to the 28<sup>th</sup> June.

Parents are therefore asked to review the form linked below to indicate/change when their child would like to take advantage of the support that teachers can provide. This is an OPT IN period of time. We will assume students are not attending school (unless they have an examination) and will therefore not contact parents for nonattendance, unless parents have completed the second form below. If the form





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remains uncompleted will assume that your child is studying from home (unless they are sitting an examination) and will not chase attendance.

## **OPT IN LINK**

https://forms.office.com/r/3Vg1LU2u2N

I wish you all a restful half term and look forward to seeing the students after half term for the next set of examinations.

Kind regards

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**Miss Donna Roughton** Assistant Headteacher







