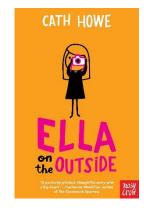


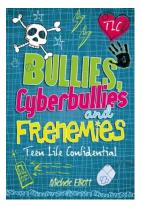
# Anti-Bullying Week 15<sup>th</sup> – 19<sup>th</sup> November

Anti-Bullying week takes place in November every year and this year's theme is One Kind Word. We have gathered together a selection of books from the library to provide further reading



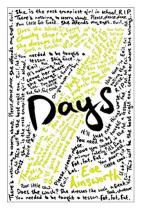
## Ella on the outside by Cath Howe

Ella on the Outside is a hugely relatable tale that will strike a chord with anyone who has felt the pressure to please a new friend or has struggled to fit in. Ella makes mistakes, but she's also hugely likeable, and author Cath Howe perfectly captures her anxieties and worries.



#### **Bullies, cyberbullies and frenemies**

Are there practical things you can do to stop being bullied — at home, at school and online? What are frenemies and how can you deal with them? How can you learn to make friends and respect yourself? This guide will tell you what bullying is, where it happens, and what you can do about it.



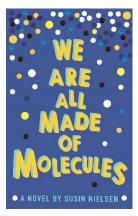
## 7 days by Eve Ainsworth

School should be a safe place for Jess, a refuge from her difficult home life - but thanks to Kez and her friends, it's everything she dreads. Despite being beautiful and popular, Kez's life isn't any sweeter. She clings to the fact she is better off than Jess - or so she thinks...



#### Staying safe online

Covering important e-safety topics including cyberbullying and social media messaging, this is an essential book to help children to know how to protect themselves in the digital world. Find out how online interactions can affect friendships, why cyberbullying is so dangerous and how image sharing can get out of control.



## We are all made of molecules by Susin Nielsen

We are all made of molecules is a story that tells a very clear message; that we are all made of molecules. We are the same, we all matter, we all deserve to be treated equally and with respect. And not only do we need to know this, we need to act on it.



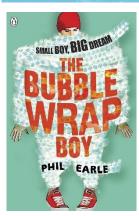
#### Wonder by R.J. Palacio

Wonder is an uplifting, hopeful novel that although deals with the terrible effects of bullying, it shows the power of hope, joy and what a little shimmer of positivity can do. Told from different perspectives, Wonder shows how bullying doesn't just affect the victim and the perpetrator, but their family, friends, teachers and classmates.



#### Finding Audrey by Sophie Kinsella

Audrey is a teenage girl suffering from Social Anxiety Disorder. She has experienced bullying, and as a result has become virtually a prisoner in her own home. This is the story of her journey to recovery, with the help of a boy named Linus. It's sad in places, but funny and romantic too.



## The bubble wrap boy by Phil Earle

Charlie is teased at school and harassed at home by his over protective Mum. But he knows that if he can only discover that one special thing that he's good at, he will no longer feel like a laughing stock. While out doing his deliveries one day, Charlie spots a kid skateboarding and decides he wants to give it a try. However, things are never that simple and when his Mum finds out about his secret hobby, she is not very happy.