



Plymouth High School for Girls

"For life, not school, we learn"

10th September 2020

Dear Parents and Carers,

I thought you may find it useful for me to write to you with a summary of the procedure people should follow if they became concerned that they have symptoms of COVID19, or have been in contact with a confirmed case.

Given all the advice that has been circulated over the last few months about keeping safe, I suspect that some parents may be a little unsure about the processes we must all follow.

As a reminder to parents and carers, here are the guidelines as set out by the Government.

If a child is presenting with COVID19 symptoms, they must not come to school and should isolate along with their family. The family should arrange for the child to have a test. If the test comes back as negative, the child and family may return to normal assuming no one else in the family is showing symptoms. If the test comes back as positive, the family will need to isolate according to the information given to them by the NHS and will be asked to complete track and trace details.

The national track and trace system will alert people individually if they need to isolate due to having been in contact with a confirmed case.

If a child develops what we think are COVID19 symptoms in school, we will need to isolate them and contact parents to collect them. The measures outlined above for a person presenting with symptoms would then need to be followed. I know that you will be understanding if we ask you to collect your child because they appear to have COVID19 symptoms. The best course of action is if families and students can be extra vigilant in recognising symptoms before making the journey to school.

In the policies section of our website you will find our risk assessment and the Plymouth City Council flowchart which outlines the action that we need to take if people develop symptoms.

More information on the testing arrangements and what to do can be found on the NHS [119](#) service.

Best wishes,

Mr S Underdown
Headteacher