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Plymouth High School for Girls

"For life, not school, we learn"

14 November 2025

Dear Parents and Carers,

I hope this find you well.

As we do each year, we commemorated Remembrance Day this week with assemblies for every year group and a 2-minute silence on the 11th. Our whole school community showed such respect throughout the week whilst the 2-minute silence being observed perfectly. There are so many occasions where we can be proud of our young people, and the way they approached Remembrance is another example. Thank you to parents and carers for all you do to support what we do in school to help our young people be their best selves.

Sixth form open evening

We enjoyed a hugely successful sixth form open evening this week where year 11 students and their families had the chance to sample the expectations and study offer of our sixth form. Thank you to our wonderfully supportive year 11 parents and carers for taking the time to join us for what is a crucial transition period. We very much view PHS sixth form as the bridge between school and University or school and higher-level apprenticeships as these are the pathways chosen by our year 13 students. Helping to get students ready for independent study and living post 18 is all part of our motto, for life not school we learn. As always, our student ambassadors were superb, showing families around, answering questions and giving talks.

Children in need

We very much enjoyed our children in need mufti today along with the activities the Head Student Team planned and ran. Thank you to parents and carers who have already made the decision to donate via Arbor to support children in need. All money raised will be sent to the charity in the first week of December. Parents and carers who have not yet donated are still able to do so via the **Arbor shop** section of the Arbor app and this will remain open until the end of November.

UK Parliament Week 24 – 30th November



I will be sharing with students the opportunity for them to get involved in a debate by joining the current Plymouth Youth Parliament. Parent and carers will no doubt want to discuss this exciting opportunity with their children, so for more information please [click here](#). The debate gives young people the chance to have their voices heard at a city level and will be held in person at the Council House Chamber (PL1 3BJ) on Wednesday 19 November 5pm - 6:30pm

CAMP Countdown: 4 Weeks to Go.

Let's fill the hall with music, laughter, and the sweet smell of mince pies for our much loved Carols and Mince Pies event on Wednesday 10th December from 5pm in school.

If you can donate mince pies for CAMP, please drop them off at reception. We are also looking for donations for our upcoming raffle — if you have any of the following, we would be very grateful:

- Bottles of wine
- Boxes of chocolates
- New or unused/unwanted gifts

All contributions will help make the CAMP a great success and can be dropped off at reception. Thank you so much for your support.

In her bid to mix poetry with CAMP, Miss Roughton has supplied another limerick.

*A carol was sung with great pride,
While mince pies were stacked high and wide.
With cinnamon cheer,
And holiday gear,
We welcomed the season inside!*

Tickets for CAMP can be bought here : <https://www.ticketsource.co.uk/booking/t-xdvkyrj>

Nasal flu vaccine

Please note that the deadline for registration for the nasal flu vaccine is the 18th November and vaccines will be taking place at PHSG on the 20th November. Please use the following link to register your child for the vaccination. <https://www.kernowimmunisations.co.uk/Forms/Flu> School code: DV148369

Kernow Health CIC's School Age Immunisation Service will be delivering the annual nasal flu vaccination programme in schools across Cornwall and Devon on behalf of

NHS England. We know that Flu can be an unpleasant illness and may lead to serious complications. Vaccinating your child not only protects them but also helps prevent the spread of flu to more vulnerable friends and family members. The flu vaccine is a quick, painless spray administered into each nostril and is known as LAIV (Live Attenuated Influenza Vaccine.)

For more information on the nasal flu vaccine please see the Patient Information Leaflet [please see the link here](#) (FLUENZ Tetra, INN-influenza vaccine, live attenuated, nasal)

Who Is Eligible? For the 2025/26 season, all children from Reception to Year 11 will be offered the free nasal flu.

ParentPay closed

Parents and Carers will know that we have transferred from ParentPay to Arbor for payments to school and parents and carers have been using the Arbor app. Any meals credit that was in ParentPay when we moved to Arbor has automatically been transferred to Arbor.

Very best wishes,

Simon Underdown
Headteacher.

Dates for your diary

All years

10th December from 5pm CAMP (Carols and mince pies)

18th November 6pm via Teams, PTFA meeting. [Use this link to join the meeting](#)

19th December. Last day of term. Students finish at 12.30

Year 11

17th November Mocks begin this week. Good luck year 11.