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# Plymouth High School for Girls

*"For life, not school, we learn"*

10 October 2025

Dear Parents and Carers,

I hope this finds you well.

Our students have been marking Black History Month with a range of activities in school and opportunities for students and staff to reflect on the importance of inclusivity and identity. Our diversity student leaders have been running the events and promoting important messages in assemblies around school. Parents and carers will know that student leadership is an integral part of life at Plymouth High and I am always so proud of how our students step up and offer their perspective in such a mature and reflective manner.

## Student leadership teams

We are in the process of preparing to select our student leadership teams for 2026. Year 12 students will have the chance to be considered for the Head Student Team, Earth Alliance, House captains, sports captains, subject captains, prefects, literacy/library leaders and more. If your child is in year 12, please do discuss with them which position they might be interested in and encourage them to have conversations in school with the current incumbents. It is so important to be clear about the expectations and opportunities of each leadership role before applying.

## Black History Month

Our student diversity group have been leading on marking Black history month. We mark Black History Month to honour the contributions, achievements, and history of Black people across the world particularly those whose stories have been historically overlooked or marginalised.



Black History Month shines a light on the accomplishments of Black individuals in fields like science, politics, literature, music, education, and activism. It's a time to celebrate pioneers like Mary Seacole, Olaudah Equiano, Malorie Blackman, and Lewis Hamilton. It provides an opportunity to learn about the rich and diverse histories of Black communities, including the impact of colonialism, slavery, and systemic racism. Education helps challenge stereotypes and build understanding.

By highlighting Black voices and stories, the month encourages schools, workplaces, and communities to reflect on diversity and inclusion. It's a chance to ensure that Black history is not confined to one month but integrated into everyday learning. Celebrating role models and trailblazers helps young people especially Black students see themselves reflected in history and aspire to greatness. It fosters pride, confidence, and ambition.

To access The Day website and read articles linked to Black history month, click on the link here then search for the stories linked below.



Scan to login and read The Day!

[Black History Month - The Day](#)

[Inspiring lives - The Day](#)

[Black heroes - The Day](#)

## Uniform

Our students are looking super smart in their uniforms and are doing a great job at meeting our high expectations, thank you for your ongoing support. If a young person were to arrive in school with a bit of their uniform missing, their tutor will record it within our C (consequences) system and give them a blue card. The blue card will be available for students to show staff later in the day to prevent them from being sanctioned for the same bit of missing uniform on more than 1 occasion. Our intention is to have a fair and consistent consequences system. Thank you for your ongoing support at home.

## Influenza vaccine offer

The nasal flu vaccine is available in school and the deadline for registration is the 18<sup>th</sup> November 2025. Vaccinations will be taking place at PHSG on the 20<sup>th</sup> November.

Kernow Health CIC's School Age Immunisation Service will be delivering the annual nasal flu vaccination programme in schools across Cornwall and Devon on behalf of NHS England. Flu can be an unpleasant illness and may lead to serious complications. Vaccinating your child not only protects them but also helps prevent the spread of flu to more vulnerable friends and family members. The flu vaccine is a quick, painless spray administered into each nostril and is known as LAIV (Live Attenuated Influenza Vaccine.) For more information on the nasal flu vaccine please see the Patient

For more information, please following this link

<https://www.kernowimmunisations.co.uk/Forms/Flu>

School code: **DV148369**

### **PTFA fun event**

Parents will know that our wonderful PTFA have organised a roller disco and there are still places available. Please use the following link for more information and details about how to register a place for your child.

[Plymouth High School for Girls - Halloween Roller Disco](#)

### **Student librarians**

We are currently recruiting for our student librarian team for 2025/26 and the closing date for applications is Thursday 16<sup>th</sup> October. Thank you for discussing this opportunity with your child and encouraging them to apply if they are interested.

The half term holiday is nearly upon us. I wish all our families a relaxing break.

Very best wishes,



**Simon Underdown**  
**Headteacher**

## Latest news

We publish our latest news on our website [here](#), so perhaps pop in now and again to get a flavour of what's going on.

## Dates for your diary

### All year groups

Last day for students: Thursday 16th October – this is a normal school day with full uniform expectations.

Non-pupil days: Friday 17th October and Monday 3rd November

October holiday: 20th to 31st October

Tuesday 4th November: First day back - this is a normal school day with full uniform expectations.