



Plymouth High School for Girls

"For life, not school, we learn"

17 January 2024

Dear Parents and Carers,

I hope this letter finds you well.

In today's fast-paced world, the internet has become an integral part of our daily lives. As our children navigate the online landscape, it is important that they possess the skills to use technology safely. Apps such as TikTok, Whatsapp and Snapchat are incredibly popular among young people, but they also come with potential risks. It is paramount that schools, parents, and carers partner together to educate children about the dangers they may encounter online.

Understanding how to navigate the digital world safely is a vital aspect for safeguarding our children. As parents and carers, your involvement plays a significant role in shaping their online experiences. To assist families in protecting our young people online, we have partnered with Smoothwall, a reputable organisation dedicated to keeping children safe online.

We have invited Kat Howard from Smoothwall to speak with us about how to can keep children safe online. With over 20 years of experience working in and with schools, Kat Howard has dedicated her career to developing their understanding of online safety. Kat is passionate about emphasising the importance of online safety in schools and the broader community. She provides day-to-day advice and support.

During this workshop, Kat will share practical hints, tips, and activities to help you support our young people in the online environment. Additionally, she will also introduce you to the TSAT Online Safety Hub, which we will be launching in early February.



The Online Safety Hub is a brand-new online resource with lots of expert advice and guidance to help you as a parent, manage your child's safety online. It includes information on the latest hot topics when it comes to keeping children safe, such as how to manage your child's screen time, understand the latest gaming platforms, what they mean for your child's safety and lots more.

We encourage you to actively participate in this webinar and take advantage of the valuable insights and resources it offers. Together, let's empower our children to navigate the digital world with confidence and security.

Date: 29th January 2024

Time: 7-8pm

Platform: Zoom -

https://smoothwall.zoom.us/webinar/register/WN_3Az8vBCuTM6AfJ5iVrYPIA

For more details and to register for the webinar, please click [here](#).

If you require any further information regarding the webinar or Online Safety Hub please contact ellie.green@tsatrust.org.uk

Thank you for your commitment to the wellbeing of our students.

Very best wishes



**Simon Underdown.
Headteacher.**



**Sam Payne
Designated Safeguard Lead**