

Plymouth High School for Girls

"For life, not school, we learn"

School Uniform

All students in Years 7-11 are required to wear correct, neat and tidy uniform in school and on the journey to and from school. All uniform should be internally **labelled with the student's name.**

Our supplier is: Trutex, Unit 3, Sugarmill Retail Park, Billacombe Road. PL9 7HT www.plymouthonlinestore.trutex.com 01752 491353

UNIFORM

- Outdoor coat. (Hoodies over head or zip up and denim or leather jackets/coats are prohibited)
- PHSG school skirt from named uniform supplier
- PHSG plain navy tailored jacket with PHSG school badge on breast pocket from named uniform supplier
- White blouse, preferably with a revere neck, long or short sleeved. Worn tucked in
- **Tights** should be navy blue, black or beige. White or navy/black ankle/knee socks may be worn if preferred. **Socks** should not be worn over tights. Over the Knee socks are not permitted
- Shoes: Smart black or brown leather shoes must be worn. Trainers, canvas, converse style, skate or similar (or any other type of informal footwear), boots or ankle boots are not acceptable. Mufti Days - platform style shoes, heels, open toes and soft shoes are not permitted, due to safety in school
- Apron plain navy blue, for Technology classes

Optional items:

- Optional navy trousers from named uniform supplier must be worn with a blazer
- Optional plain navy pullover with V neck, long sleeves and school badge from named uniform supplier

JEWELLERY: The only items of jewellery allowed is a watch and **one** plain stud in the **lobe** of each ear. No other forms of piercing are allowed and this includes having the tongue pierced. Please ensure that ears are pierced at the start of the summer holiday.

MAKE-UP: Other than make-up worn to cover blemishes (of a subtle nature), no make-up must be worn in school. **Nail varnish** must not be worn. **Nails** must be worn at a length no longer than the tip of the finger on health and safety grounds. False nails or acrylics are not permitted, nor are false eyelashes and lash extensions

HAIR: Hair must be a natural colour and cut in an appropriate style. Hair accessories, if worn, should be of a subtle nature e.g. no bandanas.

HATS AND SCARVES: May not be worn inside the school building RELIGIOUS OBSERVANCE: Head covering should be navy or black

Headteacher may use his discretion as to what is acceptable.

PHYSICAL EDUCATION – the items below are essential PE uniform. They may be ordered through the named uniform supplier. **All kit should be clearly named inside.**

- Navy polo shirt with white trim embroidered with 'Physical Education' and the PHSG school badge from named uniform supplier
- Navy shorts or skort, with white trim, from named uniform supplier
- Navy, black or white ankle or trainer socks
- Suitable sports trainers (not boot style)

Optional items:

- Navy zip-neck sports all weather long sleeve top with white trim embroidered with 'Physical Education' and the school badge from named uniform supplier
- Plain navy leggings or track suit bottoms
- Towel
- Mouth guard/gum shield can be tailored by a qualified dentist or self-moulding from a sports retailer
- Long, navy blue PE socks from named uniform supplier

On colder days, students may wear the tracksuit trousers over their PE shorts at the start of the lesson at the teacher's discretion. Students who are fit enough to attend school, but unable to participate fully in the PE lessons, are normally required to change as usual. Hair must be tied back off the face. Students with newly-pierced ears, in accordance with the uniform code above, must cover their ears with plasters, and have a note in the planner from a parent or guardian taking responsibility for any injury to their child and any other child in the immediate class. Please ensure that ears are pierced at the start of the summer holiday.