



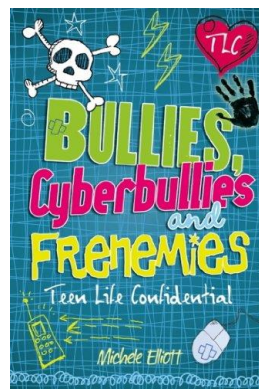
Anti-Bullying Week

Anti-Bullying week takes place in November every year and this year's theme is 'Choose Respect'. We have compiled a list of fiction and non-fiction books that explore themes and topics such as bullying, friendship and acceptance to aid discussion.



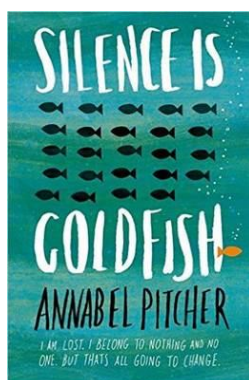
SPEAK UP!

Twelve-year-old Mia is just trying to navigate a world that doesn't understand her true autistic self. While she wishes she could stand up to her bullies, she's always been able to express her feelings through singing and songwriting, even more so with her best friend, Charlie, who is nonbinary, putting together the best beats for her.



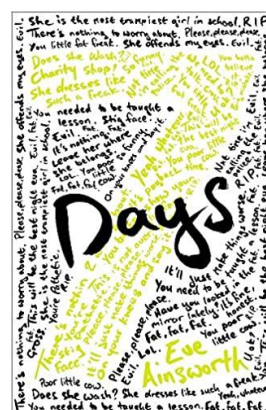
BULLIES, CYBERBULLIES AND FRENEMIES

Are there practical things you can do to stop being bullied — at home, at school and online? What are frenemies and how can you deal with them? How can you learn to make friends and respect yourself? This guide will tell you what bullying is, where it happens, and what you can do about it.



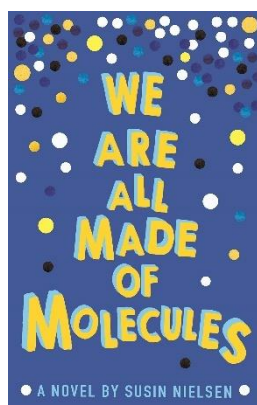
SILENCE IS GOLDFISH

Tess is a strong, outgoing girl who tries her hardest to please those around her, yet one who deals with daily bullying on account of her size and unconventional looks. Her journey of self-discovery is incredibly difficult and you cannot help but cheer her on every step of the way.



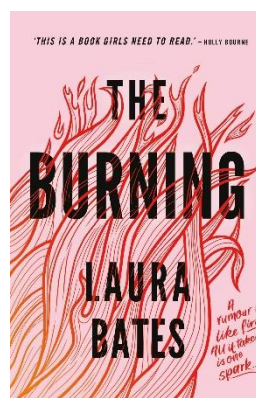
7 DAYS

School should be a safe place for Jess, a refuge from her difficult home life - but thanks to Kez and her friends, it's everything she dreads. Despite being beautiful and popular, Kez's life isn't any sweeter. She clings to the fact she is better off than Jess - or so she thinks...



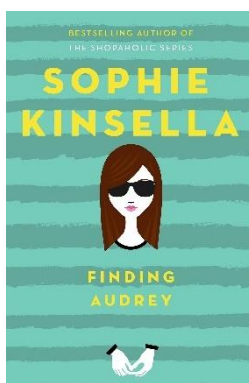
WE ARE ALL MADE OF MOLECULES

We are all made of molecules is a story that tells a very clear message; that we are all made of molecules. We are the same, we all matter, we all deserve to be treated equally and with respect. And not only do we need to know this, we need to act on it.



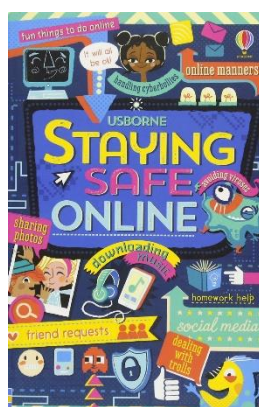
THE BURNING (upper school year 10+)

Anna thinks that there's nothing to trace her back to her old life, until the whispers start up again. As time begins to run out on her secrets, Anna finds herself irresistibly drawn to the tale of Maggie, a local girl accused of witchcraft centuries earlier. A girl whose story has terrifying parallels to Anna's own...



FINDING AUDREY

Audrey is a teenage girl suffering from Social Anxiety Disorder. She has experienced bullying, and as a result has become virtually a prisoner in her own home. This is the story of her journey to recovery, with the help of a boy named Linus. It's sad in places, but funny and romantic too.



STAYING SAFE ONLINE

Covering important e-safety topics including cyberbullying and social media messaging, this is an essential book to help children to know how to protect themselves in the digital world. Find out how online interactions can affect friendships, why cyberbullying is so dangerous and how image sharing can get out of control.