

Outdoor and Adventurous Activities (OAA) at PHSG



Year 7

Orienteering

Climbing club

Problem Solving

Year 8



Climbing club

Team building/Problem Solving



Year 9

Climbing club

Orienteering at Central Park



Year 10

Mountain Biking in PlymBridge Woods

Climbing at the Life Centre

Canadian Canoeing



Year 11

Abseiling at Mount Batten

Orienteering at Saltram

Mountain Biking in Cann Woods



OAA will provide students with a sense of challenge with a controlled amount of risk in the outdoor or adventurous activity environment. It will allow students to access a wide variety of activities that they may not have had the opportunity to try in previous educational settings

Increasing confidence

Developing self esteem

Overcoming fears

Encouraging resilience

Learning new skills

Understanding risk