

# Leadership Skills Foundation at PHSG



**Skills**

**Knowledge**

**Character**

**Year 9**

Gain the skills needed to **manage** your own work and personal development

**Various umpiring opportunities**

**PSSP Sports Leaders convention**

**Year 10**

Improve self esteem and **confidence** in your own ability

**Enrollment on the Leadership Skills Course**

**Lead at various PSSP events**

Gain a greater ability to **communicate** with others

**In lessons learn the skills and behaviors required to be a good leader**

Learn the ability to **adapt** your skills to meet the needs of the environment

Develop the ability to work with others as part of a **team**

**Plan and lead sessions with peers and a junior school**

**Gain life skills through leadership**

**Next steps**

Improve the ability to identify problems and what to do to **problem solve**

**Coach and lead in any situation**

The Level 1 Qualification in Sports Leadership is a nationally recognised qualification that enables successful learners to assist in leading purposeful and enjoyable sport/physical activity, under direct supervision. It focuses on gaining confidence in the following areas:

- Communication
- Self-belief
- Teamwork
- Self-management
- Problem solving